

Living Your Dreams

FEBRUARY 2008 NEWSLETTER

Happy belated Valentines Day! ... and thank you for taking this precious moment to find out what this is about. Computer glitches made this letter late, but we can use this opportunity to celebrate "the loving" every day! Please let us introduce ourselves. We are Joa and Cristina Marcu, living our dreams in Sausalito, California.

We are writing you because we have discovered that the two top reasons that people don't live their dreams is that they don't stay inspired through the creative process and they don't get enough support from others who are inspired. We are here to support you with living your dreams. The "Lone Ranger" approach no longer works today, as it is time that we stop competing and start supporting one another with mastering our lives so that our dreams actually do come true.

Cristina is my dream come true. About two years before we met, after the ending of yet one more dead-end relationship where I felt not valued, I had the following dream while in meditation: I was having a talk with my Higher Power, commanding it to bring me what I really wanted and deserved in a woman. I saw her. She was slender, petite, and she would melt into my arms and stick to me like glue always. The dream even revealed how we would meet, that we would just find ourselves sitting next to each other on a couch. The conviction of this dream was so strong that I gave up seeking a woman and dating for the next two years.

Cristina Writes:

Joa is also my dream come true. It just so happened that about two years before we met (after the ending of my marriage where I didn't feel the love that I always yearned for), I had a spiritual experience. I was going to sleep in an Ashram when suddenly I saw with my inner eye and literally felt a tall man sitting on my bed. He had long hair. He then kneeled down and kissed my feet. An immense feeling of pure unconditional love embraced me. I felt so loved - like I had never experienced in my life. It was true love. This warm, joyous feeling of infinite love stayed with me for days.

Joa Writes:

About 2 years later, I owned a yoga studio and was hiring teachers. Cristina came in for an interview. She sat down next to me on the couch, and "the birds" immediately started singing. An hour later we kissed, and I was sunk.

Cristina:

After dating Joa for a while, he kissed my feet, and shortly thereafter I realized that I felt that same feeling of immense undescribable love that was around me all the time, the same love that I felt from that man who visited me. It seems that Joa's spirit visited me. However, I'm glad his hair is not long because I don't find long hair attractive.

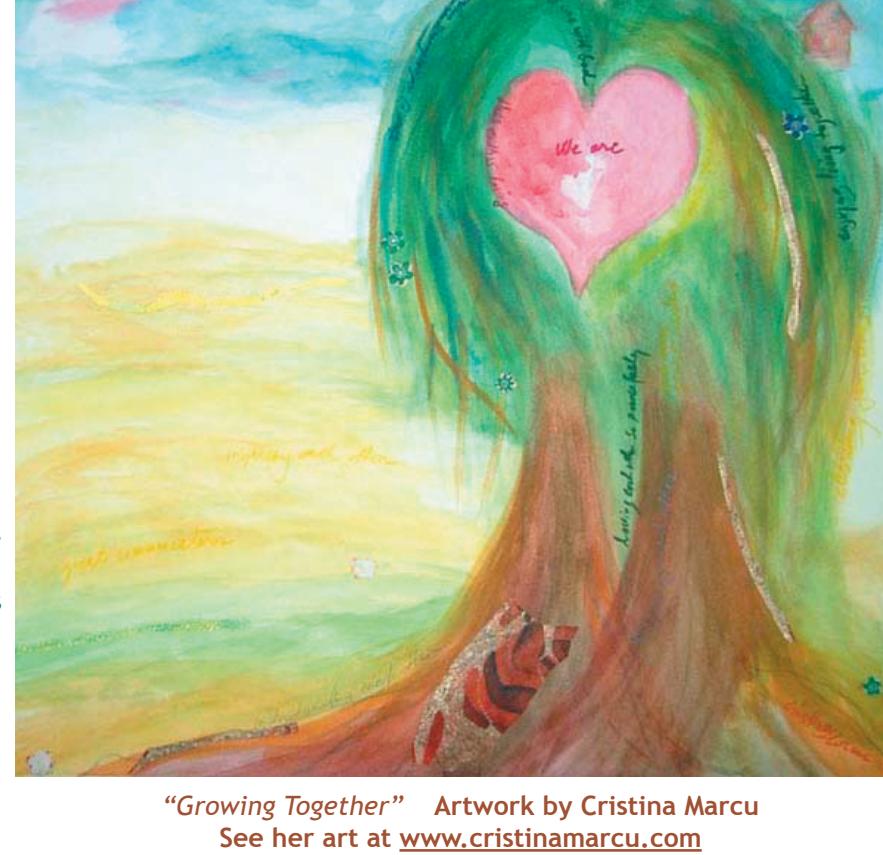
Joa:

Two years before we met, my hair was very long. It has been short ever since.

This kind of story is not as unusual as it may seem. We create our lives from the inside out. If you want an amazing lover, and you are willing, you can begin to feel their spirit now - This will magnetize that beautiful soul towards you. It all begins with what you are willing to dream.



A photo of us married on Mount Shasta



"Growing Together" Artwork by Cristina Marcu
See her art at www.cristinamarcu.com

The Secret of Attraction

Are you in the relationship of your dreams? If not, then we have some inspiring writing for you to help set the gears in motion. The following was written by Rio Kelly of the Agape International Spiritual Center:

It's the month of love. This seems to be the time of year that we re-evaluate our relationships, or seemingly lack of thereof. How do we attract that perfect love, that perfect relationship...you know the one we all want?

Deepak Chopra answers that in his quote, "The secret to love is to love ourselves." As we love ourselves, we are more lovable, simply because of the fact that we are NOT looking for someone or something else to make us lovable. As we cease looking to someone or something else to make us lovable we become more open and available to receive that which we have seemingly been looking for. As we become more attractive to ourselves, we become more open to gestures of love, to receiving love. So, in actuality, we are becoming that which we seek; we are shining that light of love that attracts Itself to us.

If this seems like a dichotomy to you, try this: For the next 30 days look into the mirror at yourself and tell yourself that you love you. Say "I love myself. _____, I love you," and look deep into your own eyes and say it as if you were telling the person you love the most in the world how you really feel about them. At the end of the 30 days, see how attractive you have become to yourself. See how attractive others appear to you; see how you think about love and express your love, for yourself and others, easier and in every action. See how attractive you have become to them as well. You see, when WE think of ourselves as attractive and lovable, others can't help but see us the same way. It all starts within. It all starts today.

If you want certain exciting ideas to come true, you will have to raise your vibration up to that frequency level. Gandhi said it this way, "You have to be the change you want to see."

The state of our lives results from our habitual thoughts words and actions. If you don't like the state of your life, it is time to get support with changing your habits. Habits rarely change when we are in an isolated bubble. We must surround ourselves with inspiring support from positive influences.

Allow us be part of your support structure to make your dreams come true. Whether it is reading this monthly newsletter, attending a mastermind group, or receiving coaching - we are here for you.

Cristina and I support you with doing the the necessary inner work to attract your life partner.

I, Joa, assist you with making the transition from an unfulfilling job to doing what you truly love for a profit. Are ready to birth your core inspiration, your passionate purpose into riches?

I am also a Wellness Coach, challenging you to new levels of health and fitness.

To get the most support for the dollar, we have three spaces left in our

Living Your Dreams Mastermind Teleconference Group, to begin meeting on March 3rd.

To complete, here is a valentine poem by Cristina.

RED

Beauty flies through sunset skies
While love is in the air.
Fury burns from countless turns
Of lies that seek a dare.
Though simple gifts that seem to lift
One's spirits like a rose,
Give warmth and fire with strong desire
From your head right down to your toes.
Lively strides make up the brightness
Of a heart-filled dance,
While excitement flows through faces that glow
Sending watchers into a trance.
Love and hate determine the fate
Of a color bright and strong
As the moods of red can surprise
Your taste of love, should you dare?